

TODAY'S GROUP FITNESS CLASSES
TUESDAY

TIME	CLASS	LOCATION	INSTRUCTOR
6:00 AM	Cycle-45	Studio 4	Preya
7:00 AM	20-Minute H.I.I.T.	Basketball Court	Brynne
8:30 AM	TRX-30	TRX Arena	Brynne
9:00 AM	Gentle Yoga	Studio 3	Sandi
9:00 AM	Trail Mix	Fitness Ctr Treadmills	Robbie
9:00 AM	Fab Abs	Studio 2	Sarah C.
9:30 AM	Bodypump™	Studio 5	Sarah C.
10:05 AM	Zumba™	Studio 3	Monica
11:00 AM	Aquafit	Adult Pool	Brynne
12:30 PM	Barre *begins 1/15	Studio 3	Rachel
5:15 PM	Roll~Release~Restore	Studio 3	Mark
6:00 PM	Mat Pilates	Studio 3	Jill
6:00 PM	Trail Mix	Fitness Ctr Treadmills	Jason
6:30 PM	Cycle-30	Studio 4	Margot
7:00 PM	Piloxing Knockout™	Studio 2	Taylor
7:00 PM	Aquafit	Adult Pool	Jason
7:10 PM	Fab Abs	Studio 5	Dodi