

TODAY'S GROUP FITNESS CLASSES
SUNDAY

TIME	CLASS	LOCATION	INSTRUCTOR
8:00 AM	Gentle Yoga	Studio 3	Victoria
9:00 AM	Cycle-60	Studio 4	DHAC Cycle Instructor
9:05 AM	Vinyasa Yoga	Studio 3	Victoria
10:00 AM	Aqua Zumba™	Adult Pool	Monica
10:30 AM	Power Yoga	Studio 3	Phoenix
11:00 AM	Amazing Arms	Studio 2	Mark