

TODAY'S GROUP FITNESS CLASSES
SATURDAY

TIME	CLASS	LOCATION	INSTRUCTOR
8:30 AM	TRXtreme-45	TRX Arena	Sarah C.
9:00 AM	Piloxing™	Studio 5	Brittanie
9:00 AM	Cycle-60	Studio 4	Margot
9:00 AM	Vinyasa Yoga	Studio 3	Meghan
10:00 AM	Zumba™	Downtown Stage	Tiffany
10:05 AM	Yin Vin Yoga	Studio 3	Meghan
10:15 AM	Bodyump™	Studio 5	Sarah C.
10:15 AM	Amazing Arms	Studio 2	Brynne
11:00 AM	Aquafit	Adult Pool	Brynne
11:15 AM	Slow Flow Yoga	Studio 3	Phoenix