



Your camper will enjoy **expert instruction** from Dedham Health & Athletic Complex's top Tennis Pros. On court time balanced with tennis fitness/conditioning work and free time in The Summer Club Water Park.

DHAC

Junior Tennis Academy

SUMMER 2019

June 17 – August 30
WEEKLY ENROLLMENT

Meet the Director

Naoufal Houmairy

Naoufal competed at a national level and was ranked number 1 junior at Cercle Municipal de Casablanca (CMC), Morocco from 1992 - 1996. At the age of 17, he played in semi-pro tournaments.

He is a Tennis Professional since 1999. Today, Naoufal is a PTR Certified Professional & High Performance Coach, USPTA certified, Etcheberry Certified Professional and USTA Tournament Director. Naoufal has



been coaching and teaching tennis at Dedham Health and Athletic Complex (DHAC) for more than 18 years. He trained and coached top ranked juniors in New England.



DEDHAM HEALTH
& Athletic Complex

naoufal@dedhamhealth.com

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200 Providence Highway, Dedham, MA 02026
781-326-2900 • DedhamHealth.com

The Jr. Tennis Academy Summer Camp at Dedham Health & Athletic is in compliance with the regulations of the Massachusetts Department of Public Health (105 CMR 430) and licensed by the Town of Dedham Board of Health. Information on these regulations may be obtained at 781.751.9220.

200 Providence Highway, Dedham, MA 02026
781-326-2900 • DedhamHealth.com



Whether your child is a beginner or a competitive player, the Junior Tennis Academy's Summer Camp will have them excited to be playing this life long sport. The Tennis Professionals give each camper personal attention and



age appropriate instruction ranging from basic skills to match play strategy. Balanced with the right amount of off court activities, free time, swim and match play, your camper will keep progressing without the worry of tennis overload!

DAILY CAMP SCHEDULE

Which Tennis Camp is Right for My Player?

RED BALL: Ages 6-7

HALF & FULL DAY CAMPS

Monday - Friday 8:45am-1:15 pm
Half Day Campers
 8:30 am – 8:45 am..... Drop Off
On court promptly at 9:00 am
 10:30 am - 10:45 am Break
 10:45 am - 11:30 am..... On Court
 11:30 am - 11:45 pm Lunch
 11:45 am – 1:00 pm Water Park
 1:15 pm Pick Up

Monday - Thursday 8:45 am – 4:00 pm
Full Day Campers
 8:30 am – 8:45 am Drop Off
On court promptly at 9:00 am
 10:30 am - 10:45 am Break
 10:45 am - 12:00 pm On Court
 12:00 pm - 1:00 pm Lunch & Activities
 1:00 pm - 2:30 pm On Court
 2:30 pm - 3:45 pm Water Park
 4:00pm Pick Up

Friday 8:45 am – 4:00 pm
Full Day Campers
 8:30 am – 8:45 am Drop Off
On court promptly at 9:00 am
 Round Robin and Davis Cup
 12:00 pm Lunch (Pizza Party)
 2:30 pm - 3:45 pm Water Park
 4:00 pm Pick Up

ORANGE BALL: Ages 8-9

GREEN BALL: Ages 9-10

YELLOW BALL: Ages 11-18

Monday/Wednesday 8:45 am – 4:00 pm
 8:30 am – 8:45 am..... Drop Off
On court promptly at 9:00 am
 9:00 am - 10:30 am..... On Court
 10:30 am - 10:45 am Break
 10:45 am - 12:00 pm..... On Court
 12:00 pm - 1:00 pm Lunch
 1:00 pm - 2:30 pm On Court
 2:30 pm - 3:45 pm Water Park
 4:00 pm..... Pick Up

Tuesday/ Thursday 8:45 am – 4:00 pm
 8:30 am – 8:45 am..... Drop Off
On court promptly at 9:00 am
 9:00 am - 10:30 am..... On Court
 10:30 am - 10:45 am Break
 10:45 am - 11:30 am On Court
 11:30 am - 12:15 pm..... Tennis Fitness
 12:15 pm - 1:00 pm Lunch
 1:00 pm - 2:30 pm On Court
 2:30 pm - 3:45 pm Water Park
 4:00 pm..... Pick Up

EXTENDED DAY
 Enroll in advance for extended hours.
 Monday - Friday
 7:30 am - 8:30 am
 4:00 pm - 6:00 pm

Friday 8:45 am – 4:00 pm
 8:30 am – 8:45 am..... Drop Off
On court promptly at 9:00 am
 9:00 am - 2:30 pm..... On Court
Round Robin and Davis Cup
 12:00 pm..... Lunch (Pizza Party)
 2:30 pm - 3:45 pm Water Park
 4:00 pm..... Pick Up

Our Facility

The tennis facility at DHAC includes six indoor courts, four outdoor courts with permanent roof structure. Your camper will enjoy the summer outdoor weather while being protected from the sun and rain. Multiple indoor fitness and recreation areas are utilized for “off court activity.”



The Summer Club Water Park

is available to campers during their swim/free time. Two large water slides,

wave pool, water obstacle course, bumper boats, splash pad and tons more water, all are vigilantly life guarded by the Ellis and Associates, licensed life guards of The Summer Club.



Lunch Included!

Do not worry about packing a lunch. We supply lunch from our on-site Pirates Cove Cafe. Your children will have a wide variety of healthy choices daily. Menu includes: salads, grilled cheese, burgers, hot dogs, chicken tenders and much more. *Friday is Pizza Party Day! (Monday - Thursday lunch options are also available upon request)