

WestFit Pool Schedule

Monday

Lane	1	2	3	4	5	6
5:30am-9:00am	Adult ONLY Lap Swimming					
9:00am-10:00am				Club Programs		
10:00am-3:30pm	All Ages Lap Swim					Family Swim
3:30pm-5:45pm	Pool Closed Dolphin Swim Team					
5:45pm-8:00pm	CP					
8:00pm-9:30pm	Adult ONLY Lap Swimming					FS

Tuesday

Lane	1	2	3	4	5	6
5:30am-9:00am	Adult ONLY Lap Swimming					
9:00am-10:00am						Family Swim
10:00am-4:00pm	All Ages Lap Swim					
4:00pm-8:00pm	Club Programs					Club Programs
8:00pm-9:30pm	Adult ONLY Lap Swimming					

Wednesday

Lane	1	2	3	4	5	6
5:30am-9:00am	Adult ONLY Lap Swimming					
9:00am-10:00am				Club Programs		
10:00am-3:30pm	All Ages Lap Swim					Family Swim
3:30pm-5:45pm	Pool Closed Dolphin Swim Team					
5:45pm-8:00pm	CP					
8:00pm-9:30pm	Adult ONLY Lap Swimming					FS

Thursday

Lane	1	2	3	4	5	6
5:30am-9:00am	Adult ONLY Lap Swimming					
9:00am-10:00am						Family Swim
10:00am-4:00pm	All Ages Lap Swim					
4:00pm-8:30pm	Club Programs					Club Programs (Lane 5 & 6 8:45pm)
8:30pm-9:30pm	Adult ONLY Lap Swimming					

Friday

Lane	1	2	3	4	5	6
5:30am-9:00am	Adult ONLY Lap Swimming					
9:00am-10:00am				Club Programs		
10:00am-3:30pm	Family Swim	All Ages Lap Swim			Club Programs	
3:30pm-5:45pm	Pool Closed Dolphin Swim Team					
5:45pm-6:30pm						
6:30pm-7:30pm	Adult ONLY Lap Swimming					

Saturday

Lane	1	2	3	4	5	6
7:00am-8:00am	Adult ONLY Lap Swimming					
8:00am-1:00pm	Club Programs					Club Programs
1:00pm-6:00pm	All Ages Lap Swim					Family Swim

Sunday

Lane	1	2	3	4	5	6
7:00am-8:00am	Adult ONLY Lap Swimming					
8:00am-1:00pm	All Ages Lap Swim					Club Programs
1:00pm-6:00pm						Family Swim

Dolphin Swim Team operates from 10/15/18 - 3/1/19

